FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| vvasiiiii | gion, D.c | J. 20040 | |
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OMB APPROVAL

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| hours per response: | 0.5 |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

| mandenor | 11(0). | | | FIIE | | | | | | | pany Act of | | 34 | | | | | |
|---|-----------|--|---|------|--|-----------------------------|--|--------|--|---------------|---|--------------------------------------|---|--|---|-----------|---|--|
| 1. Name and a | | eporting Person* | | | | NTS | | | er or Tradin ERNAT | | mbol NAL IN | IC /DE | [Che | elationship o eck all applic | able) |) Perso | on(s) to Issu 10% Ow | |
| (Last) (First) (Middle) 221 W. PHILADELPHIA ST | | | 3. Date of Earliest Transaction (Month/Day/Year) 03/24/2010 | | | | | | | | | Officer below) | (give title | | Other (specify below) | | | |
| (Street) YORK (City) | PA (State | | 7405-0872 ip) | 2 | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | 6. In Line | Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | | |
| 1. Title of Security (Instr. 3) 2. Trans: Date | | | action 2A. Deemed Execution Date, if any | | | 3. Transact Code (In: | Transaction Disposed Of (D) (Instr. 3, 4 | | | d (A) or | 5. Amour Securities Beneficia Owned Fe | Forr lly (D) (ollowing (I) (I | | m: Direct or Indirect | 7. Nature of Indirect Beneficial Ownership | | | |
| | | | tive Securities Acqui | | | Code | | Amount | (A) or (D) | Price | Reported Transacti (Instr. 3 a | ion(s) | | | (Instr. 4) | | | |
| | | lá | | | | | | | | | sea ot, o onvertib | | | Owned | | | | |
| Derivative Conversion Date | | 3. Transaction Date (Month/Day/Year) | Execution Date, if any | | 4. Transaction Code (Instr. 8) | | | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | 9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4) | Owners Form: Direct or Indi (I) (Inst | Ownership | Beneficial Ownership ect (Instr. 4) | |
| | | | | | Code | v | (A) | (D) | Date Exercisab | | Expiration Date | Title | Amount or Number of Shares | | | | | |
| Phantom Stock- Director's | (2) | 03/24/2010 | | | A | | 0.58 ⁽³⁾ | | (1) | | (2) | Common | 0.58 | \$34.26 | 398.4 | 4 | D | |

Explanation of Responses:

- 1. Value paid in stock upon retirement
- 2. Not applicable to this transaction
- 3. Dividend on existing account balance

Remarks:

Deferred Compensation

Brian M. Addison, POA

Common Stock

03/26/2010

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.